



# 2018 Annual Report



## Our Mission

Our Mission is to join communities, build and strengthen neighbor relations, and work side-by-side with residents to address community-wide concerns and to link resources supportive of a healthy, safe and economically comparable standard of living.

**It's not just the money, as thankful as I am for that. It's that someone who doesn't even know us cared enough to make this possible.**

**– Program beneficiary, Cleveland, Georgia**

## Our Philosophy

Our Philosophy is to nurture inclusive communities, unite to create support networks, and determine the necessary strategic actions to address chronic, but preventable, problems.

## Our Programs

Our Programs focus on partnering with community-based efforts that target the emergency needs of severely poverty-stricken families and individuals in rural Appalachia, including food, shoes, winter coats, medical assistance, school supplies, utilities assistance, and home repairs for families, people with disabilities, elderly individuals, and veterans who suffer due to economic and physical hardship. In addition, our programs focus on the future of children by supporting after school programs, summer camps and enrichment programs, summer food programs, youth mentorship, vocational training, and bridging the digital divide challenges that Appalachian children experience. ★





Dear supporters and friends,

It is coming up on 40 years ago when I first visited hard-hit communities in West Virginia and saw the conditions that our fellow Americans were living in: leaking roofs over their heads and floors rotting beneath their feet; children, their parents and grandparents going to bed hungry and waking up hungry; children waiting outside on cold winter days for their school bus with only threadbare outerwear and worn-out ill-fitting shoes on their feet.

Sadly, for too many, not much has changed in the decades that have followed, but thanks to the supporters of Americans Helping Americans® the lives of thousands have been transformed.

Thanks to people like you, there are elderly couples and disabled individuals, many of them veterans, who can continue to live in the homes they love now that there's a handicap ramp. There are children with all the supplies they need for school and heavy coats to keep them warm all winter. In addition, there are programs for them after school where they get help with their classwork, and summer camps to keep them active and learning when schools are closed.

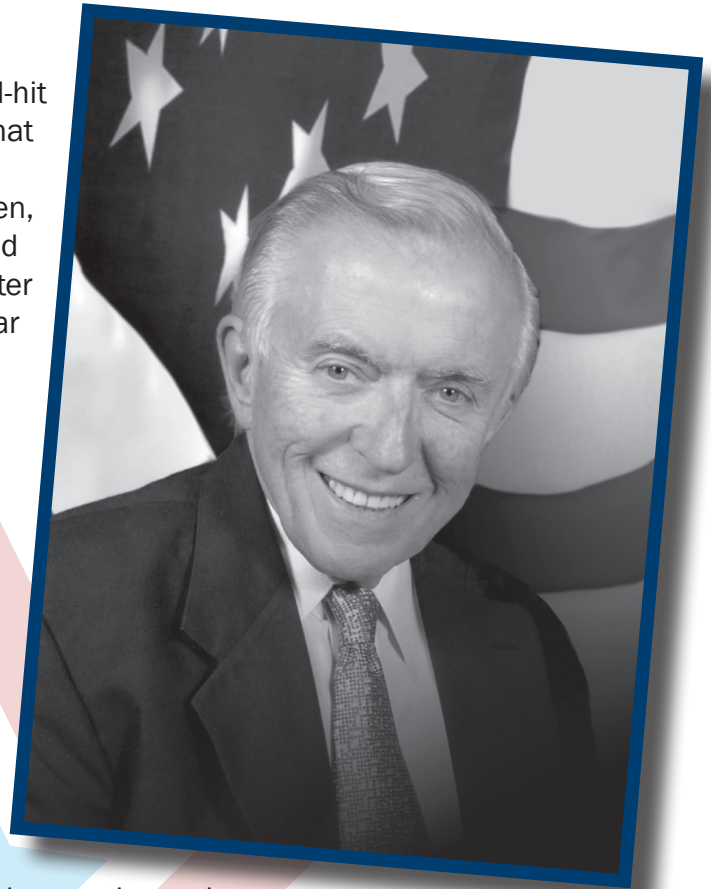
Whenever I receive the reports from our community partners located in West Virginia and the Appalachian regions of Kentucky, Tennessee, Georgia, and elsewhere, it literally brings tears of joy to my eyes to see the smiles on the faces of the young and elderly alike – smiles that you have helped to create.

And I would be remiss if I did not take this opportunity to express my heart-felt gratitude to all our supporters over the past nearly four decades, particularly our dedicated federal and state employees who share a piece of their hard-earned paychecks, for making everything we have accomplished to make lives better for tens of thousands fellow Americans.

Although age (I am 91 years old now) has caught up with me, and although I am no longer board president, I remain active for this worthy cause – I can think of none better. ★

God Bless You,

Eugene L. Krizek, USAF Col. (Retired)  
Founder and President Emeritus  
Americans Helping Americans®





## Americans Helping Americans® Programs



### Home Rehabilitation

Provides families with safe and stable housing, including repairing roofs, floors, and rotting porches and stairs, as well as constructing handicap ramps for the elderly and disabled so that they may remain in their homes.



### Education

Offers children academic assistance, such as one-on-one after-school tutoring and enrichment programs when school is in session, as well as a backpack full of school supplies at the start of the school year, giving children the support they need to be successful in school.



### Summer Camps

Provides nutritional meals, educational and fun activities, and safe havens for children during the school break. Children attend free summer camps held by our partners and supported by AHA.



### Summer Food

Provides boxes of non-perishable food items, containing enough food to feed a family of four for a week, to families in Gainesville and Cleveland, Georgia. A Lunch Box Bus program converts old school buses into mobile cafeterias, delivering a nutritious meal each summer weekday in the remote areas of Hawkins County, Tennessee to hundreds of children who would otherwise go hungry.



### Veterans

Meets veterans' essential needs for food, clothing and housing to honor their sacrifice and commitment to our country, in cooperation with various grassroots organizations in Appalachia.



### BareFeet

Funds the "Barefeet" program with local community partners to provide new shoes for children. The children are taken to a neighborhood shoe store and spend time choosing their favorite pair of new shoes, which express their own unique personality.



### Vocational Training

Supports vocational training programs for young adults who may need remedial help in earning a GED, and other training opportunities for them to earn a skilled trade license and enter the workforce.



### Basic Relief

Provides hygiene kits, emergency utility payment assistance, rent assistance, winter coats, new shoes, blankets, diapers, and more in times of crisis and severe need.



### Wellness

Provides funding for eye exams and eyeglasses for elderly and low-income individuals, and provides dental hygiene kits to children.



### Digital Divide

Provides desktop computers for students to enable them to access the Internet for homework, research, and other school assignments, and other enhanced educational opportunities.







## Education: Afterschool programs, vocational training, and bridging the digital divide



At Americans Helping Americans®, we realize the intrinsic value of education from preschool through high school, including vocational school.

That's why we support summer literacy camps where preschool age children learn their ABCs and how to spell and write their names before they enter the first grade. We support afterschool programs for elementary school children, providing them the one-on-one tutoring they need to keep up with their classmates in school. And we support a vocational training program in West Virginia, which provides practical assistance, mentorship and encouragement to high school students who may be thinking about dropping out, but instead are put on a career path towards a bright future.



### Education Highlights

- ★ 106 children regularly attended an afterschool program in West Virginia, Tennessee and Georgia.
- ★ 36 at-risk youth participated in a youth delinquency prevention program in Georgia.
- ★ 13 individuals were supported through a work readiness program and through work assistance, independent enterprise support, and vocational training.
- ★ 167 vocational training participants received one-on-one tutoring and mentoring support through a vocational training program sponsored by the McDowell County Career & Technology Center in West Virginia.
- ★ 12 individuals received vocational training through the “Jobs for Life” program, and seven students earned their GED certificates in North Carolina.
- ★ 4,950 elementary and middle school students received backpacks/school kits filled with school supplies in West Virginia, Tennessee, Kentucky, Georgia, North Carolina, Indiana, Pennsylvania, New York, Virginia, Maryland, Ohio and the District of Columbia.
- ★ 30 students at Beattyville Elementary School received brand-new all-in-one desktop computers with internet connections, enabling them to do their homework, email their teachers and receive assignments when school is closed due to inclement weather in Kentucky. ★





## Home Rehabilitation



For many elderly and disabled homeowners in Appalachia living on meager fixed incomes, their home is the only thing of real value they have, and when it comes to fixing leaking roofs and rotting floors, or constructing a handicap ramp, the money is just not there when there are so many other priorities that must come first.

Thanks to our supporters, we can partner with community partners, including Big Creek People in Action in McDowell County, West Virginia; Appalachian Outreach; Of One Accord and Ocoee Outreach in Tennessee; and Come-Unity Cooperative Care in Kentucky.



### Home Rehabilitation Highlights

This year, we were able to support a total of 61 home rehabilitation projects:

- ★ 32 projects in West Virginia, benefiting 181 individuals.
- ★ 25 projects in Tennessee, including two homes which required major work such as replacing insulation, refurbishing interior walls, replacing ceilings, installation of new bathroom showers, installation of new kitchen cabinets, and more.
- ★ 4 projects in Kentucky. ★

### A Shell for a Home for 50 Years, Until Americans Helping Americans® Stepped In

Nearly 50 years ago, Greg moved to a remote area of rural Hawkins County, Tennessee, with every intention of building a nice home for himself and his family.

He had just completed the exterior of the home when he became seriously ill, and then disabled for life. For the decades to come, they lived inside this shell of home, with no money to hire someone to finish the interior construction.

“The home had no insulation, no ceiling, no inside walls, no kitchen, and only a commode in the bathroom,” reported Rev. Sheldon Livesay, director of our partner organization there, Of One Accord.

But for Greg and his family, it was home.

**It's so easy driving our roads here in Appalachia to see the substandard housing families have to live in. Your grant has literally made a life-changing impact on this family.**

**– Rev. Sheldon Livesay, Of One Accord**

In most cases, due to limited resources, we can only fund small projects, such as repairing a leaking roof or building a handicap ramp. But when Rev. Livesay approached us for help with this major project, we could not say no.

“Greg now has hot water, a working bathroom and shower, and a kitchen with a working sink and kitchen cabinets,” he told us, adding, “He has a floor, insulation, and a ceiling with real lights.” ★



## Summer Programs



The conventional wisdom is that school children cannot wait for the end of the school year as they look forward to a summer free of care and worry. For many in Appalachia, however, it means a time of hunger, with no sure school lunches, and isolation and boredom, with their closest friends living miles away in the rural countryside.

That's why Americans Helping Americans® supports free summer camps for children in West Virginia, Kentucky, Tennessee, and Georgia, where they have something to look forward to every day, and they can make new friends, participate in fun and often educational activities, and simply get to enjoy just "being a kid."

In addition to the summer camps where these low-income children are assured of getting meals and snacks, Americans Helping Americans® also supports the Lunch Box bus, which delivers lunch to hundreds of children in rural Tennessee every weekday while school is closed for the season.



### Summer Program Highlights

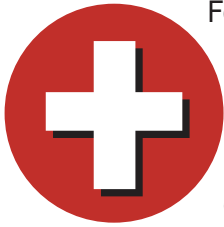
- ★ 111 children attended summer enrichment camps in West Virginia.
- ★ 98 children and youth attended a summer enrichment camp where the older participants took leadership roles mentoring the younger children in Kentucky.
- ★ 15 homeless children living in a family shelter participated in a summer enrichment camp in Tennessee.
- ★ 9,812 meals were served to children through a mobile summer lunch program in rural Tennessee.
- ★ 314 children were supported by summer food program in Georgia. ★







## Basic Needs and Wellness



For too many of our fellow Americans in Appalachia, soap and other personal hygiene items such as toothpaste and toothbrushes, diapers for their infants and toddlers, laundry detergent, a new pair of shoes, winter coats, and blankets are considered “luxuries” instead of simple basic necessities of life.

We have heard far too many times from our partners about children showing up for school in the dead of winter with threadbare outerwear and ill-fitting, worn-out shoes because their parents barely earn enough to feed their family and keep up their monthly bills, which understandably must come first. And, of course, basic needs include food such as distributions of boxes of non-perishable food items, particularly for our nation’s veterans, as well as something special during the holidays such as a turkey for a Thanksgiving or Christmas feast.



### Basic Needs Highlights

- ★ 2,134 schoolchildren received “Mighty Molar” dental kits containing toothbrushes, a six-month supply of toothpaste, an educational brochure, and dental floss at 16 community partners and schools in West Virginia, Tennessee, Georgia, Kentucky, Pennsylvania, Indiana, Virginia, North Carolina and Maryland.
- ★ 199 veterans received regular boxes of nonperishable food items in West Virginia and Georgia.
- ★ 262 individuals received food bank support in Georgia.
- ★ 14,250 boxes of food were distributed through a food bank support program to individuals in Tennessee.
- ★ 817 individuals received emergency assistance to pay their utility bills and prevent them from becoming homeless in Georgia.
- ★ 5 individuals living at a shelter for homeless families received assistance paying their utility deposits upon moving to their new home, after completing a financial literacy training program in Tennessee.
- ★ 66 individuals received eye examinations and new prescription eyeglasses in Tennessee.
- ★ 15,797 individuals received in-kind items from nine partners in West Virginia, Georgia, Tennessee, Kentucky, and North Carolina. ★

It’s hard to explain how much you have helped me and my family. My electric was going to be shut off. My husband is very sick and is on oxygen, but the electric company said that didn’t matter. You paid my past due amount and kept us from getting disconnected. I don’t know what we would have done without your help.

– Martha, London, Kentucky







I've never seen a child as happy as my son was to get new shoes. He starts school this year, and I didn't know how I'd be able to get him school clothes and shoes. Thanks for doing this for us.

– Sarah, London, Kentucky



I didn't know that they should change their toothbrush until the kids told me. I had never bought floss before. I guess I can learn from the kids.

– Candy, McDowell County, West Virginia



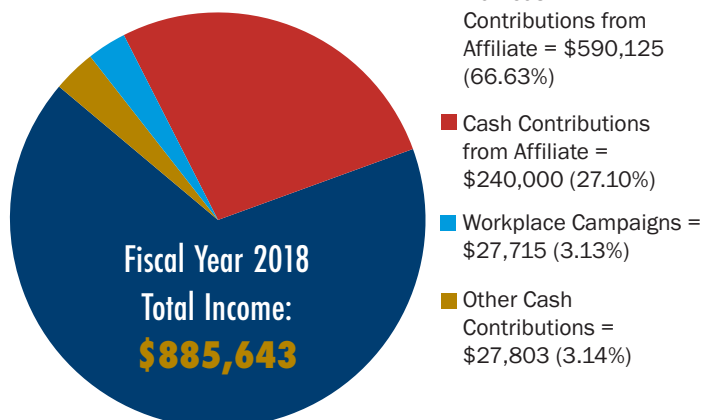


## Financial Statement

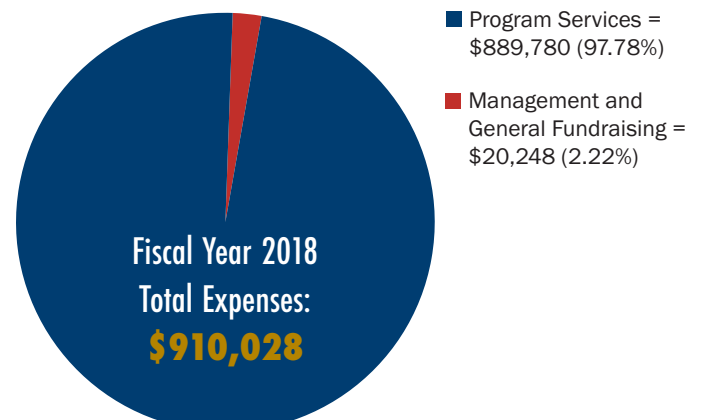
The financial results depicted here are derived from the Americans Helping Americans® June 30, 2018 audited financial statements, which contain an unmodified audit opinion. Our complete audited financial statements can be obtained at [www.HelpingAmericans.org](http://www.HelpingAmericans.org), or by calling 1-888-371-6622 and requesting a copy.

<b>Support and Revenue</b>	<b>Unrestricted</b>	<b>Temporarily Restricted</b>	<b>Total</b>
Noncash contributions from affiliate	\$590,125	\$ -	\$590,125
Cash contributions from affiliate	\$240,000	\$ -	\$240,000
Workplace campaign contributions	-	\$27,715	\$27,715
Cash contributions	\$17,015	\$10,763	\$27,778
Interest Income	\$25	\$ -	\$25
Net assets released from restrictions:			
Satisfaction of time restrictions	\$61,228	(\$61,228)	-
Satisfaction of purpose restrictions	\$12,591	(\$12,591)	-
<b>Total Support and Revenue</b>	<b>\$920,984</b>	<b>(\$35,341)</b>	<b>\$885,643</b>
<b>Expenses</b>			
Program Services:			
Domestic programs	\$889,780	-	\$889,780
<b>Total Program Services</b>	<b>\$889,780</b>	<b>-</b>	<b>\$889,780</b>
Supporting Services:			
Management and general	\$12,898	-	\$12,898
Fundraising	\$7,350	-	\$7,350
<b>Total Supporting Services</b>	<b>\$20,248</b>	<b>-</b>	<b>\$20,248</b>
<b>Total Expenses</b>	<b>\$910,028</b>	<b>-</b>	<b>\$910,028</b>
<b>Change in Net Assets</b>	<b>\$10,956</b>	<b>(\$35,341)</b>	<b>(\$24,385)</b>
<b>Net Assets, Beginning of Year</b>	<b>\$21,200</b>	<b>\$50,227</b>	<b>\$71,427</b>
<b>Net Assets, End of Year</b>	<b>\$32,156</b>	<b>\$14,886</b>	<b>\$47,042</b>

### Support and Revenue



### Expenses





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Hon. Paul Krizek, Vice President/General Counsel  
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Bieu Do, Chief Financial Officer

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Cameron Krizek, Deputy Director  
Dave Frank, Fulfillment Manager

### We couldn't do it without you!

Thank you to all those who continue to support Americans Helping Americans® and our partners! We especially thank all Federal and Military personnel who have contributed to our organization through the Combined Federal Campaign (CFC) and state, local, United Way, and corporate campaigns across the country. ★

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